If you answered yes to the above questions, you’re perfect for our 3-Year personal and professional development Youth Leadership Program that will...

Sample Topics Include:
• Mental Health & Wellness
• Conflict Resolution
• Effective Communication
• Healthy Relationships
• Stress Management
• Peer Pressure/Self-image
• Cultural Diversity
• Choices & Consequences
• Career Planning
• Financial Literacy

Applications are due every spring for upcoming 10th graders. Check our website frequently for updates!

Call us at 301-499-8872 or visit www.thetrainingsource.org for more information about this program.
Prince George’s County 7th District Youth Leadership Program Fact Sheet

What is the Prince George’s County 7th District Youth Leadership Program?
- A 3-year program designed to primarily assist students to make smart life choices, develop leadership and mentoring skills, complete high school and successfully transition to college or careers.
- Created as a vision of former Prince George’s County Councilwoman Camille A. Exum (7th District).
- The program is supported by the Prince George’s County Council and MNCPPC which has provided financial support for the program since its inception in 2004.

Who Participates in the Prince George’s County 7th District Youth Leadership Program?
- Each spring, 10 slots open up for 9th graders/rising 10th graders to apply for as our seniors graduate from high school. Through a competitive selection process, 10 high-potential youth are accepted into the program.
- Each fall, the new sophomores join the program and begin working with staff and rising juniors and seniors to begin an exciting leadership development year.

How Does the Prince George’s County 7th District Youth Leadership Program Work?
- The Youth Leadership Program operates during the school year, and sessions are at least once per month on Saturdays or school-closing days.
- As participants move from 10th to 11th to 12th grade, their involvement in planning and leadership increase.

What is the Cost for the Prince George’s County 7th District Youth Leadership Program?
- Due to our generous funding partners, Prince George’s County Council and Maryland National Capital Park & Planning Commission, there is no cost for selected participants.
- Small fees may apply for activities planned by and/or for participants beyond scheduled session dates.

What is Expected of Program Participants?
- Actively participate in scheduled program activities, and as many special activities as possible.
- Develop leadership characteristics and demonstrate those characteristics beyond program days to make an impact in their schools and communities.
- Make smart choices, complete high school, and pursue a college education or career-level employment.
- Be leaders who are “Engineered for Excellence!”

The Training Source, Inc. is a Standards For Excellence® accredited and GuideStar® Platinum rated training and development nonprofit organization.

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